

Join us for a parent webinar

Mental wellness for a new school year

Thursday, September 2 5:30-6:30pm



Scan to register



Brian Kuhn, MA, LPC

COVID STILL?

"We all hoped that by the beginning of school 2021, COVID would be more of an annoyance and less of the life-altering thing it has been for the past 18+ months. Well, that has not worked out the way we wanted. Now that we know that we are entering another school year in this time of COVID, how do we continue to care for our children and ourselves as parents?"

Brian Kuhn, MA, LPC, will join us to discuss how we can support the mental health of our students as they begin another school year during the pandemic, warning signs of mental health struggles, and share resources that we all can use to better our mental wellness.

Brian is the Student Wellness Program Coordinator at Care and Counseling, which is partnering with Parkway Schools to help identify the mental health needs of students and help parents meet those needs. He will preview the Student Wellness Program, which will be offered to every 7th and 10th grade student this school year.